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| [Harmony Farms](http://r20.rs6.net/tn.jsp?f=0015dl1WK7SgL9kFubYV7ni-GuzdsPyBs2VHCCQN89YQ4nGNJoSBYfbD877pxHzaAthucuID1jhpQsKzz_JzD-h0xCDRPIdOZpIvBOWgIhx29PCovvcugfqzcXNZsf0Ld7I111A_9GffdJulmSfHL9iaOemz0TF7KW_vTPulo9zdQVsnyRJQKSYcg==&c=Tuq1ZdD0jIeKhGZtgpsm446V2nM1BCg9KnAAq8Kndg2toGnTvWg7Xw==&ch=zybHfkCWitGXdzJtRGMLWUlLTIYI1TJyo6Q0EB68cbGDmZw9b_QvLg==) |

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| **IT'S BAAAACK!!!**  **THE OLD SCHOOL BOGO!**  ***ALL***  **Country Life is on**  **BOGO SALE!**  **Including ALL Biochem**  **and ALL Iron-Tek products!**  **Begins July 1 and**  **ends July 31!**  **As always, we welcome your special orders**  **. Feel free to email, call or visit with your list! PLEASE list the correct Product # to ensure accuracy, and we will gladly order your products and hold them for you!**  **PRODUCT DEMOS:**  **Friday 7/10, 11-2: Acure Skin Care**  **Monday 7/13, 3-6: Country Life**  **Saturday 7/18, 11-1: Hair Shimmers**  **with Eliza-contact Eliza, 919.633.1855 or Harmon Farms to reserve your Shimmers!**  **Saturday 7/18, 11-2: ReTap Bottles**  **Saturday 7/18, 2-4: MIMS Wine Tasting**  **Sunday 7/19, 2-5: NuDimensions raw pet food, hosted by veterinarian Dr. Dee**  **Thursday July 23, 11-2: Boone Bar**  **Friday July 24, 3-6: Amazing Herbs Black Seed Oil**  **Friday 7/24, 12-3: Barlean's Organic Oils**  **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***  **Coming in August-**  **Men's Healing Professionals Meet Up !**  **Founded by Howie Shareff of You Call This Yoga with help from Steve Long of Harmony Farms**  **Our first meeting is August 3 at Sola Coffee 730am and we would love to see you then! For more info register at**[**http://www.meetup.com/Raleigh-Mens-Health-and-Business-Network-Meetup/events/220356465/**](http://r20.rs6.net/tn.jsp?f=0015dl1WK7SgL9kFubYV7ni-GuzdsPyBs2VHCCQN89YQ4nGNJoSBYfbD4leqEeNx3QRQWQSFoafiibEX3dFWuTfs6qDhclt7-GYizCZE9dvHN07yCSstgHLrYzlR1_sFbAtJE3894gsdFOXR7i8pzVtLWnWc2F-Zk-7KppjGcn0dQhVSP7hO3TqqBK_TrEDqEeuuWJPY-YEQvlKCYlAxweNhIrMHEVJy9OzW8QJFo7yFUyKbXaJPkA5RidEFJ2LNJaUCK1woLECvxs=&c=Tuq1ZdD0jIeKhGZtgpsm446V2nM1BCg9KnAAq8Kndg2toGnTvWg7Xw==&ch=zybHfkCWitGXdzJtRGMLWUlLTIYI1TJyo6Q0EB68cbGDmZw9b_QvLg==)  **and or contact Howie at Howie@YouCallThisYoga.org or email Steve here at Harmony Farms!** |

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| **We look forward to seeing you this month!**  **Sincerely,**  **Nancy & Steve Long & Team Harmony**  **Harmony Farms**  **5653 Creedmoor Road**  **Raleigh, NC 27612**  **919-782-0064** |