**Organic Juices** 16oz.

**Fresh Apple or Orange** **$5.49**

**Just Grapefruit** **$5.79**

**Simply Carrot** **$5.99**

**Allergy Relief** Apple, Celery, Cranberry, Nettle Tea, Orange, Parsley **$7.99**

**Detox** Apple, Burdock Root Tea, Celery, Cucumber, Ginger, Lemon, and Parsley **$7.99**

**Immunity** Apple, Bell Pepper, Carrot, Celery, Ginger, Kale, and Lemon **$7.99**

**Refresher** Apple, Cucumber, Ginger, Kale, Lemon, and Pineapple **$7.99**

**Roadrunner** Apple, Carrot, Ginger, Kale, Lemon, Spinach, and Turmeric **$7.99**

**Sunburst** Apple *or* Orange, Carrot, and Ginger **$7.99**

**Transfusion** Apple, Beet, Carrot, Celery, and Ginger **$7.99**

**Very Veggie** Bell Pepper, Carrot, Celery, Cucumber, Cyclone Cider, Kale, Lemon, and Tomato **$7.99**

**Adrenagizer** Apple, B-12, Cherry, Chloroxogen, Cucumber, Lemon, Schisandra Tea, and Strawberry **$8.99**

**Create Your Own Juice** 16oz.

Pick 5:

**Base:** Apple, Carrot, Orange, Cucumber

**Everything Else:** Beet, Bell Pepper, Celery, Kale, Spinach, Ginger, Lemon, Parsley, Tomato **$7.99**

**Organic Smoothies** 16oz.

**Allergy Relief** Coconut Milk, Hempseed, Honey, Nettle Tea, and Pineapple **$7.99**

**Amazon Power** Almond Milk, Acia, Banana, Cacao, Hempseed, Spinach, and Strawberry **$7.99**

**Apple Pie** Almond Milk, Apple, Banana, Cashew, Cinnamon, Date, and Ginger **$7.99**

**Blueberry Cobbler** Coconut Milk, Almond Butter, Bee Pollen, Blueberry, Cherry, Cinnamon, and Maca **$7.99**

**The Cure** Orange Juice, Banana, Cranberry, Ginger, Hempseed, and Vitamin-C  **$7.99**

**Energy** Coconut Milk, Almond Butter, Banana, Bee Pollen, Honey, Maca, and Strawberry **$7.99**

**PB&J** Coconut Milk, Agave, Grape Concentrate, Peanut Butter, Strawberry, and Vegan Vanilla Protein **$7.99**

**Red Velvet** Hazelnut Chocolate Milk, Cherry, Strawberry, Spinach, and Thinberry Protein **$7.99**

**Tropical Green** Orange Juice, Mango, Pineapple, Banana, Coconut Oil, Maca, Ginger, and Spinach **$7.99**

**Create Your Own Smoothie** 160z.

**Base:** Coconut Milk, Almond Milk, Hazelnut Chocolate Milk, Orange Juice, Apple Juice

**Pick 2 Fruits or Veggies:** Apple, Kale, Spinach, Strawberry, Mango, Pineapple, Banana

**Add Protein:** Whey, Pea, Hemp, Vegan, Rice, Thinberry, or Others Upon Availability

**$7.99**

**\*Ask Your Juicer about other Seasonal Drinks\***

**Healthy & Organic Additions**

**$0.25**

Extra Fruit / Veggie

Agave

Honey

Flaxseed

Chia Seed

Vit-C Ascorbate

**$0.50**

Bee Pollen

Hempseed

Maca

Almond Butter

Cacao

Date (1)

Turmeric

**$0.75**

Protein Powders (ask about selections)

Superfood Proteins

Vit-C Camu Camu

**Other Healthy Options**

 ** Wheatgrass Shot (1 oz.)**

**$1.99**

**Wheatgrass Fusion (80z.)**

Wheatgrass, Orange Juice, Maca, Cyclone Cider **$4.99**

** Elderberry Shot (1 oz.)**

**$1.50**

**Raw Hot Chocolate (8 0z.)**

Cacao, Date, and Hempseed

**$3.99**

**Why Organic?**

Organic, in relation to produce, is grown naturally, without pesticides, synthetic fertilizers, sewage sludge, GMOs, or ionizing radiation. It is clean food for your body and you can feel good about what you’re eating because you know how it was produced and you know exactly what you’re putting in to your body.

**How To Cleanse**

Are you ready to detoxify your body? If so, look no further than our Fresh, Organic Juice! We offer our specialty juices or you may create your own unique juice for your cleanse. We have 64 oz. and 128 oz. containers available to purchase for your cleansing delight in the store, or you may bring in your own container(s) for your cleanse. While we recommend doing a full, 3 Day Cleanse, we do offer 1 Day and 2 Day sizes as well. For any other questions in regards to doing a cleanse, feel free to speak with any of our knowledgeable juicers!

1 Day (64 oz.): $34.00\*

2 Day (128 oz.): $67.00\*

3 Day (192 oz.): $99.00\*

\*These prices include a tip

**Follow Us Online!**

Our Website, where you can find information on upcoming events and sales in the store is below, as well as a couple of our social media sites with quick access QR Codes, too!

www.harmony-farms.net



Get updates on Facebook

**/HarmonyFarmsNC**



Follow us on Twitter **@HarmonyFarmsNC**



We’d also like to thank our partners from **Hilltop Farms** (the only Certified Organic Farm in Wake County), **Eastern Carolina Organics** (distributors of NC Organic Produce), and **Albert’s Organics** (distributor of local, regional, and international Organic Produce) for providing us with as much local, organic produce possible. **Thank you!**



**Organic Juice**

**and**

**Smoothie Bar**

Store Hours

Monday-Saturday

9am-8pm

Sunday

11am-6pm

Juice Bar Hours

Monday-Saturday

9am-6pm

Sunday

11am-6pm

**5653 Creedmoor Road**

**Raleigh, NC 27612**

**919-782-0064**