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| We know 2016 will be a wonderful new year!!!Harmony Farms wants to THANK YOU for shopping with us this past year as we are very excited about even more improvements in the selection of awesome Organic & Wildcrafted Products we love bringing to youand even more LOWER PRICES!!!  |

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| **JANAURY SALES**

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**BUY ONE GET ONE FREE SALE!!!****January 2, 2016 - Januray 31, 2016****For your Special Orders please have your****Product Numbers ready and you can either****call in your order or email us your order!****PLEASE NOTE:****ALL Country Life/Bio-Chem/IronTek PROTEIN POWDERS****will be Buy-One-Get-One HALF OFF****\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***

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**GABRIEL & ZUZU COSMETICS****20% OFF****\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*** |

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| **EVENTS & DEMOS****Saturday January 16: 1 - 3pm BOOK SIGNING****with LOCAL Author****Jay "The Internet Doctor" Izso !!!****Jay will be signing copies and discussing his****Critically Acclaimed Award Winning book*****got social mediology***

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**Jay and his wife Linda Craft have been long time Harmony Farms Customers and Jay is assisting us in becoming adept at maximizing social media! He is a fun and intelligent guy who is extremely knowledgeable and entertaining!****Come have some fun!!!****Saturday January 23: 11am - 2pm, Souper Soups!****Come enjoy incredible soups that literally make you feel better!!!****Saturday January 23: 11am-1pm, HAIR SHIMMERS with Eliza!****Whole Head only $15!****Put some pizzazz into your look for the New Year!!!** |

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| **Harmony Farms Natural Foods****5653 Creedmoor Road, Raleigh, NC 27612**[**www.Harmony-Farms.net**](http://r20.rs6.net/tn.jsp?f=001hH8NDzeTKlM6AtNyzYHunU5jtuGf0IjEZ7rEhLp2cr2DoklhOs3vFsIabo0T1bYMClPuFyfCM7a9CUaOhpYMs8PvH1BGvGtiLMxrLOTvafpZYtcr8DxhEXDStVUd0xVdqJKuHV9Lc2StAgeyA8UAZWLn2Z0mc5atnGyiUr0YsfKut06tjkDBGw==&c=ZaLji9mAbtVLu3XLPbHAaxxO2dhUE7a1dbztwANtxxIpET58n7TYKA==&ch=O8AZ6ATBpkQQXctJj4ekX7W9HEyA9TOmHmw6cXZG2Ttv5mqNyKCzQA==)**HarmonyF@bellsouth.net** **919.782.0064** |

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